



SportOn -  $\tilde{N}$   $\frac{3}{4}$   $\frac{D^2}{D^0}$   $\tilde{N} \in \tilde{N} \langle$   
 $\frac{D}{D} \gg \tilde{N} \cdot \tilde{N} \cdot \frac{D}{D} \gg \frac{D^3}{4} \frac{D^2}{N} \langle \tilde{N} \cdot \frac{D^2}{D} \frac{D}{D} \frac{D^3}{4} \frac{D^2}{D}$   
 $\tilde{N} \cdot \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \frac{D}{D} \cdot \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N} \frac{D^2}{D} \frac{D^3}{4} \frac{D^3}{4} \frac{D^3}{4}$   
 $\tilde{N} \cdot \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \frac{D}{D} \cdot \tilde{N}, \tilde{N} \cdot \frac{D}{D} \frac{D}{D} \gg \frac{D^3}{4} \frac{D^1}{D}$

$\frac{D}{D} \tilde{N}, \frac{D}{D} \gg \frac{D}{D} \mu \tilde{N}, \frac{D}{D}, \frac{D}{D} \frac{D^0}{D}, \frac{D}{D} \frac{D}{D} \frac{D}{D} \tilde{N} f \tilde{N} \cdot \tilde{N} \in \frac{D}{D} \gg \frac{D}{D}, \tilde{N}, \tilde{N}, \frac{D}{D}, \frac{D}{D} \frac{1}{2} \frac{D^3}{D^0}$

SportOn

$\frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \tilde{N} \langle$

$\frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \tilde{N} \langle \tilde{N} \cdot \tilde{N} \cdot \frac{D}{D}, \frac{D}{D} \frac{1}{4} \frac{D^2}{D^3} \frac{D}{D} \gg \frac{D}{D}, \frac{D}{D} \frac{D^0}{D^3} \frac{D}{D^1} \frac{D^3}{D}, \tilde{N} \in \frac{D}{D} \mu \frac{D^2}{D^3} \frac{D^3}{4} \frac{D^3}{4} \tilde{N} \cdot \frac{D}{D} \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \frac{D}{D} \frac{D}{D} \gg \tilde{N} \cdot$   
 $\frac{D}{D} \frac{D}{D} \tilde{N} \in \frac{D^3}{4} \frac{D^3}{4} \tilde{N} f \frac{D}{D} \gg \frac{D^3}{4} \frac{D^0}{D} \frac{D}{D}, \tilde{N}, \tilde{N} \in \frac{D}{D} \mu \frac{D}{2} \frac{D}{D}, \tilde{N} \in \frac{D^3}{4} \frac{D^2}{D^3} \frac{D}{D^0}.$

**$\frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \tilde{N} \langle$  "KETTLEBELLS"**

**$\tilde{N} \in \tilde{N} f \frac{D}{D} \pm 1.500$**

$\frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \tilde{N} \langle \tilde{N} \cdot \tilde{N} \cdot \frac{D}{D}, \frac{D}{D} \frac{1}{4} \frac{D^2}{D^3} \frac{D}{D} \gg \frac{D}{D}, \frac{D}{D} \frac{D^0}{D^3} \frac{D}{D^1} \frac{D^3}{D}, \tilde{N} \in \frac{D}{D} \mu \frac{D^2}{D^3} \frac{D^3}{4} \frac{D^3}{4} \tilde{N} \cdot \frac{D}{D} \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \frac{D}{D}.$

[\[ \$\frac{D}{D} \frac{D^3}{4} \frac{D}{D} \tilde{N} \in \frac{D^3}{4} \frac{D}{D} \pm \frac{D}{2} \frac{D}{D} \mu \frac{D}{D} \dots\$ \]](#)

**$\frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \tilde{N} \langle$  "D"  $\frac{D}{D}, \tilde{N} \in \frac{D}{D} \mu \frac{D^2}{D^3} \frac{D}{D^1}$**

**$\tilde{N} \cdot \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, "$**

**$\tilde{N} \in \tilde{N} f \frac{D}{D} \pm 1.500$**

$\frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \tilde{N} \langle \tilde{N} \cdot \tilde{N} \cdot \frac{D}{D}, \frac{D}{D} \frac{1}{4} \frac{D^2}{D^3} \frac{D}{D} \gg \frac{D}{D}, \frac{D}{D} \frac{D^0}{D^3} \frac{D}{D^1} \frac{D^3}{D}, \tilde{N} \in \frac{D}{D} \mu \frac{D^2}{D^3} \frac{D^3}{4} \frac{D^3}{4} \tilde{N} \cdot \frac{D}{D} \frac{D}{D} \frac{D^3}{4} \tilde{N} \in \tilde{N}, \frac{D}{D}.$

[\[ \$\frac{D}{D} \frac{D^3}{4} \frac{D}{D} \tilde{N} \in \frac{D^3}{4} \frac{D}{D} \pm \frac{D}{2} \frac{D}{D} \mu \frac{D}{D} \dots\$ \]](#)

- «  $\frac{D}{D} \frac{D}{D} \frac{1}{2} \frac{D^0}{D} \tilde{N} \ddagger \frac{D}{D} \gg \frac{D}{D} \frac{D}{D}$
- «  $\frac{D}{D} \tilde{N} \in \frac{D}{D} \mu \frac{D}{D} \tilde{N} \langle \frac{D}{D} \tilde{N} f \tilde{N} \% \frac{D}{D} \frac{D}{D} \tilde{N} \cdot$
- 1
- $\frac{D}{D} \frac{D}{D} \gg \frac{D}{D} \mu \frac{D}{D} \tilde{N} f \tilde{N} \tilde{N} \% \frac{D}{D} \frac{D}{D} \tilde{N} \cdot \gg$
- $\frac{D}{D} \frac{D^0}{D^3} \frac{D}{D} \frac{1}{2} \frac{D}{D} \mu \tilde{N} \ddagger \gg \gg$

$\frac{D}{D} \frac{D}{D} \mu \frac{D}{D} \tilde{N} f \frac{D}{D} \gg \tilde{N} \in \tilde{N}, \frac{D}{D} \tilde{N}, \tilde{N} \langle 1 - 2 \frac{D}{D}, \frac{D}{D} - 2$