

SportOn - $\tilde{N}, D^{3/4} D^2 D^\circ \tilde{N} \in \tilde{N} \langle$
 $D' D \gg N \cdot N \cdot D' D \gg D^{3/4} D^2 \tilde{N} \langle \tilde{N} \cdot D^2 D D' D^{3/4} D^2$
 $N \cdot D \zeta D^{3/4} N \in N, D^\circ : D^3 D N \in D \mu D^2 D^{3/4} D^3 D^{3/4}$
 $N \cdot D \zeta D^{3/4} N \in N, D^\circ ; N, N \cdot D \mu D \gg D^{3/4} D^1$

$D^\circ \tilde{N}, D \gg D \mu \tilde{N}, D, D^\circ D, D \zeta D^\circ \tilde{N} f \tilde{N} \cdot \tilde{N} \in D \gg D, \tilde{N}, \tilde{N}, D, D^{1/2} D^3 D^\circ$
SportOn

$D D^\circ \tilde{N} \wedge D^3 D^\circ \tilde{N} \in D' "I'm kettlebell lifter"$

$\tilde{N} \in \tilde{N} f D \pm 2.000$



$D D^\circ \tilde{N} \wedge D^3 D^\circ \tilde{N} \in D' D' D \gg \tilde{N} \cdot \tilde{N} \cdot D, D \gg D^{3/4} D^2 \tilde{N} \langle \tilde{N} \dots \tilde{N}, \tilde{N} \in D \mu D^{1/2} D, \tilde{N} \in D^{3/4} D^2 D^{3/4} D^\circ \tilde{N} \cdot \tilde{N} \cdot D, D^{1/4} D^2 D^{3/4} D \gg D, D^\circ D^{3/4} D^1$
 $D^3 D, \tilde{N} \in D \mu D^2 D^{3/4} D^3 D^{3/4} \tilde{N} \cdot D \zeta D^{3/4} \tilde{N} \in \tilde{N}, D^\circ "I'm kettlebell lifter"$

$D \in D^\circ \tilde{N}, D \mu \tilde{N} \in D, D^\circ D \gg - \tilde{N} \cdot D \gg D^\circ \tilde{N} \cdot \tilde{N}, D, \tilde{N} \dagger D^{1/2} D^\circ \tilde{N} \cdot \tilde{N}, D^\circ D^\circ D^{1/2} \tilde{N} \in (D \zeta D \gg D^{3/4} \tilde{N}, D^{1/2} D^{3/4} \tilde{N} \cdot \tilde{N}, \tilde{N} \in 250 D^3 \tilde{N} \in)$
 $D \ddot{Y} D \gg D^{3/4} \tilde{N} \cdot D^\circ D, D \mu, D \zeta \tilde{N} \in D^{3/4} \tilde{N} \dagger D^{1/2} \tilde{N} \langle D \mu \tilde{N} \wedge D^2 \tilde{N} \langle, \tilde{N} \in D, \tilde{N} \cdot \tilde{N} f D^{1/2} D^{3/4} D^\circ - \tilde{N} \cdot \tilde{N} f D \pm D \gg D, D^{1/4} D^\circ \tilde{N} \dagger D, \tilde{N} \cdot$

[D \wedge D^{1/2} \tilde{N}, D^{3/4} \tilde{N} \in D^{1/4} D^\circ \tilde{N} \dagger D, \tilde{N} \cdot D^{3/4} D \zeta \tilde{N} \in D^{3/4} D' D^\circ D^2 \tilde{N} \dagger D \mu](#)