

SportOn - $\tilde{N}, D^{3/4} D^2 D^{\circ} \tilde{N} \in \tilde{N} \langle$
 $D^{\circ} D \gg N \cdot N \cdot D^{\circ} D \gg D^{3/4} D^2 \tilde{N} \langle \tilde{N} \cdot D^2 D D^{\circ} D^{3/4} D^2$
 $N \cdot D \langle D^{3/4} N \in N, D^{\circ} : D^3 D N \in D \mu D^2 D^{3/4} D^3 D^{3/4}$
 $N \cdot D \langle D^{3/4} N \in N, D^{\circ} ; N, N \cdot D^{\circ} D \mu D \gg D^{3/4} D^1$

$D^{\circ} \tilde{N}, D \gg D \mu \tilde{N}, D, D^{\circ} D, D \langle D^{\circ} \tilde{N} f \tilde{N} \cdot \tilde{N} \in D \gg D, \tilde{N}, \tilde{N}, D, D^{1/2} D^3 D^{\circ}$
SportOn

$D \alpha \tilde{N} f \tilde{N}, D \pm D^{3/4} D \gg D^{\circ} D^{\circ}$ Kettlebell sport



$\tilde{N} \in \tilde{N} f D \pm .500$

$D \alpha \tilde{N} f \tilde{N}, D \pm D^{3/4} D \gg D^{\circ} D^{\circ}$ Kettlebell sport $D^{\circ} D \gg \tilde{N} \cdot D^3 D, \tilde{N} \in D \mu D^2 D, D^{\circ} D^{3/4} D^2$

$D \alpha e D^{\circ} \tilde{N}, D \mu \tilde{N} \in D, D^{\circ} D \gg - \tilde{N} \dots / D \pm, 180 D^3 \tilde{N} \in, D^{1/2} D^{\circ} D^{1/2} D \mu \tilde{N} \cdot D \mu D^{1/2} D, D \mu - \tilde{N}^{\circ} D \mu D \gg D^{\circ} D^{3/4} \tilde{N} \in D^3 D^{\circ} \tilde{N}, D, \tilde{N} \cdot$
($D^{1/2} D^{\circ} D^2 \tilde{N} \cdot D \mu D^3 D^{\circ} D!$)

[D^{\circ} D^{1/2} \tilde{N}, D^{3/4} \tilde{N} \in D^{1/4} D^{\circ} \tilde{N} \dagger D, \tilde{N} \cdot D^{3/4} D \langle \tilde{N} \in D^{3/4} D^{\circ} D^2 \tilde{N} \dagger D \mu](#)